

Handam - Refill Station price list (01.2023)

Prices as per 20.01.2023 - they may change due cost price changes. Please enquiry at the shop or message us to confirm.

Beans and pulses	Aduki beans organic	0.55	/100g
Beans and pulses	Black eyed beans	0.35	/100g
Beans and pulses	Black turtle beans	0.33	/100g
Beans and pulses	Broth mix	0.23	/100g
Beans and pulses	Brown lentils	0.37	/100g
Beans and pulses	Fava Beans split	0.38	/100g
Beans and pulses	Butter beans	0.38	/100g
Beans and pulses	Chickpeas	0.27	/100g
Beans and pulses	Dark Speckled Lentils	0.4	/100g
Beans and pulses	Green lentils laird	0.35	/100g
Beans and pulses	Green split peas	0.23	/100g
Beans and pulses	Haricot beans - organic	0.42	/100g
Beans and pulses	Red kidney beans	0.35	/100g
Beans and pulses	Red lentils	0.28	/100g
Beans and pulses	Yellow split peas	0.19	/100g
Dried fruit	Apple diced	1.1	/100g
Dried fruit	Apricots unsulphured organic	1.45	/100g
Dried fruit	Banana chips	0.65	/100g
Dried fruit	Red Glace Cherries	0.8	/100g
Dried fruit	Coconut desiccated medium	0.6	/100g
Dried fruit	Coconut chips raw	3	/100g
Dried fruit	Cranberries	1.35	/100g
Dried fruit	Currants	1	/100g
Dried fruit	Dates pitted organic	1.47	/100g
Dried fruit	Figs organic	1.2	/100g
Dried fruit	Ginger crystalized	1.1	/100g
Dried fruit	Mango dried pieces - organic	2.4	/100g
Dried fruit	Pitted Prunes E202	1.15	/100g
Dried fruit	Raisins	0.6	/100g
Dried fruit	Sultanas organic	0.65	/100g
Dried fruit	mixed peel	0.5	/100g
Dried fruit	dried mushroom	7	/100g
Sweets	Dairy free white choc buttons	2.2	/100g
Sweets	Dairy free milk choc buttons	1.7	/100g
Sweets			
Sweets	Raw Choc vanoffee cashew	3.5	/100g
Sweets	Raw Choc cherries	2.4	/100g
Sweets	Raw Choc raisins	2.2	/100g
Sweets	Raw Choc hazels	3.4	/100g
Sweets	Raw Choc ginger	3.5	/100g
Sweets	Raw Choc goji	3.5	/100g

Sweets	Raw Choc coffee	3.8	/100g
Sweets			
Sweets	Milk choc mini egg	1.1	/100g
Sweets	Dark chocolate brazils	1.6	/100g
Sweets	Milk chocolate brazils	1.6	/100g
Sweets	Milk chocolate raisins	1.3	/100g
Sweets	Yoghurt almonds	1.25	/100g
Sweets	Marshmallow	1.2	/100g
Sweets	Marshmallow mini	1.2	/100g
Sweets	Cooking chocolate pieces	1	/100g
Snacks	Bombay mix	0.55	/100g
Snacks	Paprika noodle twists	0.7	/100g
Snacks	Rice Chilli crackers	1.5	/100g
Snacks	Sesame soya sticks	0.8	/100g
Snacks	Rice crackers osumi mix	1.5	/100g
Nuts	Almonds flaked	1.7	/100g
Nuts	Almonds ground	1.55	/100g
Nuts	Almonds whole	1.69	/100g
Nuts	Brazils broken	1.6	/100g
Nuts	Cashew pieces	1.5	/100g
Nuts	Hazels whole	1.5	/100g
Nuts	Peanuts roasted unsalted	0.75	/100g
Nuts	Pecan halves	2	/100g
Nuts	Pine kernels	5	/100g
Nuts	Pistachio - roasted and salted	2.5	/100g
Nuts	Walnuts broken	1.7	/100g
Seeds	Cacao nibs - organic	2.68	/100g
Seeds	Chia seeds organic	1.3	/100g
Seeds	Linseed brown	0.5	/100g
Seeds	Linseed gold	0.55	/100g
Seeds	Popcorn	0.3	/100g
Seeds	Poppy seed	1	/100g
Seeds	Pumpkin seeds - organic	1.1	/100g
Seeds	Sesame seeds - organic	1	/100g
Seeds	Sunflower seeds -organic	0.48	/100g
Seeds	Omega seed mix organic	1	/100g
Baking ingredients	Baking powder	0.45	/100g
Baking ingredients	Baking powder GF	0.75	/100g
Baking ingredients	Bicarbonate of Soda	0.5	/100g
Baking ingredients	Bouillon powder - vegan	1.2	/100g
Baking ingredients	Citric Acid cristals	0.53	/100g
Baking ingredients	Citric Acid powder	0.2	/100g
Baking ingredients	Cocoa powder - organic	1.3	/100g

Baking ingredients	Cream of tartar	1.9	/100g
Baking ingredients	Epsom salt	0.53	/100g
Baking ingredients	Yeast dry instant	1.5	/100g
Baking ingredients	Panko breadcrumbs	0.9	/100g
Baking ingredients	Pink himalayan salt coarse	0.8	/100g
Baking ingredients	Sea salt - fine additive free	0.25	/100g
Baking ingredients	Sea salt coarse	0.25	/100g
Baking ingredients	Sea salt flakes	1.2	/100g
Baking ingredients	TVP Textured Vegetable Protein	1.1	/100g
Baking ingredients	Vegetarian sausage mix	1.4	/100g
Baking ingredients	Xanthan Gum	2	/100g
Baking ingredients	Yeast flakes B12	3	/100g
Baking ingredients	Milk powder	1.44	/100g
Sugars	Caster sugar refined	0.24	/100g
Sugars	Dark muscovado sugar	0.48	/100g
Sugars	Demerara sugar FT fair trade	0.35	/100g
Sugars	Raw cane sugar organic	0.5	/100g
Sugars	Coconut sugar organic	0.8	/100g
Sugars	Soft light brown sugar	0.38	/100g
Flours	White strong flour organic	0.18	/100g
Flours	White plain flour organic	0.15	/100g
Flours	White self raising flour organic	0.15	/100g
Flours	Wholewheat strong flour organic	0.17	/100g
Flours	Wholewheat fine flour organic	2.2	/1kg
Flours	Wholewheat Self raising flour organic	2.2	/1kg
Flours			
Flours	Rye Dark flour organic 1kg	1.75	/1kg
Flours	Rye light flour organic 1kg	2	/1kg
Flours	Spelt white flour 1kg	3.15	/1kg
Flours	Spelt wholewheat flour 1kg	2.9	/1kg
Flours	Cornflour	0.4	/100g
Flours	Plain 00 flour 1kg	2	/1kg
Flours	Seeded white flour organic 1kg	3	/1kg
Flours	Coconut flour organic	0.74	/100g
Flours	Granary flour	0.3	/100g
Flours	Tapioca flour 1kg	3	/1kg
Flours	Malthouse flour 1kg	2	/1kg
Flours	GF White self raising flour	2.65	/1kg
Flours	GF Brown bread flour	2.4	/1kg
Flours	GF White plain flour	2.65	/1kg
Flours	GF White bread flour	2.65	/1kg
Flours	GF Buckwheat flour	4.8	/1kg
Flours	GF Rice flour	2.1	/1kg
Flours	GF Gram flour	2.7	/1kg

Cereals	Porridge oats organic	0.24	/100g
Cereals	Jumbo Oats	0.22	/100g
Cereals	Bran - organic	0.33	/100g
Cereals	Bran flakes - organic	0.75	/100g
Cereals	Cornflakes organic	0.65	/100g
Cereals	Muesli base organic	0.3	/100g
Cereals	Deluxe muesli	0.45	/100g
Cereals	Tropical muesli	0.5	/100g
Cereals	Puffed brown rice organic	1.2	/100g
Cereals	Oatmeal Fine organic	0.32	/100g
Cereals	Oatmeal Pinhead	0.34	/100g
Cereals	Oatmeal Medium	0.25	/100g
Grains	Millet organic	0.5	/100g
Grains	Polenta medium	0.23	/100g
Grains	Polenta fine	0.25	/100g
Grains	Semolina fine	0.25	/100g
Grains	Buckwheat organic	0.47	/100g
Grains	Couscous wholewheat - organic	0.45	/100g
Grains	Pearl barley	0.13	/100g
Grains	Bulgur Wheat - Organic	0.36	/100g
Grains	Quinoa - organic	0.69	/100g
Rice	Risotto rice	0.45	/100g
Rice	Basmati white rice	0.4	/100g
Rice	Basmati brown rice	0.42	/100g
Rice	Pudding rice	0.4	/100g
Rice	Short Grain Brown Rice - Organic	0.42	/100g
Rice	Sushi rice white	0.32	/100g
Pastas	Fusilli Pasta	0.25	/100g
Pastas	Fusilli Wholewheat	0.29	/100g
Pastas	Penne pasta	0.25	/100g
Pastas	Penne wholewheat	0.29	/100g
Pastas	Spaghetti	0.3	/100g
Pastas	Orzo Pasta	0.25	/100g
Pastas	Macaroni Elbows	0.29	/100g
Pastas	GF Small Shells	0.55	/100g
Herbs	Basil - organic	0.3	/10g
Herbs	Bay leaves	0.7	/10g
Herbs	Curry leaves organic	0.65	/10g
Herbs	Chives	1.5	/10g
Herbs	Dill	0.9	/10g
Herbs	Herbes de Provance leaf	0.41	/10g
Herbs	Italian seasoning	0.4	/10g
Herbs	Marjoram leaf - organic	0.55	/10g
Herbs	Mint - pesticide free	0.46	/10g

Herbs	Mixed Herbs	0.5	/10g
Herbs	Oregano leaf organic	0.5	/10g
Herbs	Parsley organic	0.43	/10g
Herbs	Rosemary - organic	0.3	/10g
Herbs	Sage	0.37	/10g
Herbs	Tarragon leaves	1	/10g
Herbs	Thyme leaf - organic	0.33	/10g
Spices	All spice ground (pimento)	0.43	/10g
Spices	All spice whole (pimento)	0.43	/10g
Spices	Cajun seasoning	0.23	/10g
Spices	Caraway Seed - Organic	0.23	/10g
Spices	Cardamom green - ground	0.9	/10g
Spices	Cardamom pods - green	0.9	/10g
Spices	Cayenne pepper	0.24	/10g
Spices	Chilli flakes	0.3	/10g
Spices	Chilli ground	0.21	/10g
Spices	Chinese 5 spice	0.32	/10g
Spices	Cinnamon ground organic	0.4	/10g
Spices	Cinnamon Sticks	1	/10g
Spices	Cloves - ground	0.46	/10g
Spices	Cloves - Whole	0.52	/10g
Spices	Coriander - seeds organic	0.22	/10g
Spices	Coriander ground organic	0.4	/10g
Spices	Cumin ground	0.45	/10g
Spices	Cumin seed -	0.45	/10g
Spices	Curry powder medium	0.23	/10g
Spices	Fennel seeds	0.25	/10g
Spices	Fenugreek ground	0.42	/10g
Spices	Fenugreek seed	0.3	/10g
Spices	Garam masala	0.3	/10g
Spices	Garlic granules	0.4	/10g
Spices	Garlic salt	0.25	/10g
Spices	Ginger Ground - Organic	0.38	/10g
Spices	Harissa spice mix	0.38	/10g
Spices	Juniper berries	0.3	/10g
Spices	Mixed spice organic	0.31	/10g
Spices	Mustard seed brown organic	0.32	/10g
Spices	Mustard seed yellow	0.33	/10g
Spices	mustard yellow ground	0.33	/10g
Spices	Nigella seeds organic	0.25	/10g
Spices	Nutmeg ground	0.5	/10g
Spices	Nutmeg whole	0.6	/10g
Spices	Paprika organic	0.46	/10g
Spices	Paprika smoked organic	0.58	/10g
Spices	pepper black ground	0.26	/10g
Spices	pepper lemon ground	0.28	/10g
Spices	Peppercorns - black	0.21	/10g
Spices	Peppercorns - mix	0.5	/10g

Spices	peppercorns - white	0.39	/10g
Spices	Peppercorns - pink	0.9	/10g
Spices	Peppercorns - green	0.8	/10g
Spices	Pickiling spice	0.25	/10g
Spices	Ras el hanout	0.41	/10g
Spices	Star anise	0.62	/10g
Spices	Sumac	0.5	/10g
Spices	Turmeric Powder - Organic	0.35	/10g
Spices	Zaatar spice	0.4	/10g