Handam - Refill Station price list (01.2023)
Prices as per 20.01.2023 - they may change due cost price changes. Please enquiry at the shop or message us to confirm.

Beans and pulses	Aduki beans organic	0.55	/100g
Beans and pulses	Black eyed beans		/100g
Beans and pulses	Black turtle beans		/100g
Beans and pulses	Broth mix		/100g
Beans and pulses	Brown lentils		/100g
Beans and pulses	Fava Beans split		/100g
Beans and pulses	Butter beans	0.38	/100g
Beans and pulses	Chickpeas	0.27	/100g
Beans and pulses	Dark Speckled Lentils	0.4	/100g
Beans and pulses	Green lentils laird	0.35	/100g
Beans and pulses	Green split peas	0.23	/100g
Beans and pulses	Haricot beans - organic	0.42	/100g
Beans and pulses	Red kidney beans	0.35	/100g
Beans and pulses	Red lentils	0.28	/100g
Beans and pulses	Yellow split peas	0.19	/100g
Dried fruit	Apple diced	1.1	/100g
Dried fruit	Apricots unsulphured organic	1.45	/100g
Dried fruit	Banana chips	0.65	/100g
Dried fruit	Red Glace Cherries	0.8	/100g
Dried fruit	Coconut desiccated medium	0.6	/100g
Dried fruit	Coconut chips raw	3	/100g
Dried fruit	Cranberries	1.35	/100g
Dried fruit	Currants	1	/100g
Dried fruit	Dates pitted organic	1.47	/100g
Dried fruit	Figs organic	1.2	/100g
Dried fruit	Ginger crystalized	1.1	/100g
Dried fruit	Mango dried pieces - organic	2.4	/100g
Dried fruit	Pitted Prunes E202	1.15	/100g
Dried fruit	Raisins	0.6	/100g
Dried fruit	Sultanas organic	0.65	/100g
Dried fruit	mixed peel	0.5	/100g
Dried fruit	dried mushroom	7	/100g
Sweets	Dairy free white choc buttons	2.2	/100g
Sweets	Dairy free milk choc buttons	1.7	/100g
Sweets			
Sweets	Raw Choc vanoffee cashew	3.5	/100g
Sweets	Raw Choc cherries	2.4	/100g
Sweets	Raw Choc raisins	2.2	/100g
Sweets	Raw Choc hazels		/100g
Sweets	Raw Choc ginger	3.5	/100g
Sweets	Raw Choc goji	3.5	/100g

Sweets	Raw Choc coffee	3.8	/100g
Sweets			,
Sweets	Milk choc mini egg	1.1	/100g
Sweets	Dark chocolate brazils		/100g
Sweets	Milk chocolate brazils		/100g
Sweets	Milk chocolate raisins		/100g
Sweets	Yoghurt almonds		/100g
Sweets	Marshmallow		/100g
Sweets	Marshmallow mini		/100g
Sweets	Cooking chocolate pieces		/100g /100g
JWCC13	cooking endediate pieces	_	/ 100g
Snacks	Bombay mix	0.55	/100g
Snacks	Paprika noodle twists		/100g /100g
Snacks	Rice Chilli crackers		/100g /100g
Snacks	Sesame soya sticks		/100g /100g
Snacks	Rice crackers osumi mix		/100g /100g
JIIGUNS	NICE CIACNETS OSUITH HHIX	1.5	/ 100g
Nuts	Almonds flaked	1 7	/100g
Nuts	Almonds ground		/100g /100g
Nuts	Almonds ground Almonds whole		/100g /100g
	Brazils broken		
Nuts			/100g
Nuts	Cashew pieces		/100g
Nuts	Hazels whole		/100g
Nuts	Peanuts roasted unsalted		/100g
Nuts	Pecan halves		/100g
Nuts	Pine kernels		/100g
Nuts	Pistachio - roasted and salted		/100g
Nuts	Walnuts broken	1.7	/100g
			1.00
Seeds	Cacao nibs - organic		/100g
Seeds	Chia seeds organic		/100g
Seeds	Linseed brown		/100g
Seeds	Linseed gold		/100g
Seeds	Popcorn		/100g
Seeds	Poppy seed		/100g
Seeds	Pumpkin seeds - organic		/100g
Seeds	Sesame seeds - organic		/100g
Seeds	Sunflower seeds -organic		/100g
Seeds	Omega seed mix organic	1	/100g
Baking ingredients	Baking powder		/100g
Baking ingredients	Baking powder GF	0.75	/100g
Baking ingredients	Bicarbonate of Soda	0.5	/100g
Baking ingredients	Bouillon powder - vegan	1.2	/100g
Baking ingredients	Citric Acid cristals	0.53	/100g
Baking ingredients	Citric Acid powder	0.2	/100g
Baking ingredients	Cocoa powder - organic	1.3	/100g

Baking ingredients	Baking ingredients	Cream of tartar	1 0	/100g
Baking ingredients Panko breadcrumbs 0.9 /100g Baking ingredients Panko breadcrumbs 0.9 /100g Baking ingredients Pink himalayan salt coarse 0.8 /100g Baking ingredients Sea salt - fine additive free 0.25 /100g Baking ingredients Sea salt coarse 0.25 /100g Baking ingredients Sea salt coarse 0.25 /100g Baking ingredients Sea salt flakes 1.2 /100g Baking ingredients Sea salt flakes 1.1 /100g Baking ingredients Vegetarian sausage mix 1.4 /100g Baking ingredients Vegetarian sausage mix 1.4 /100g Baking ingredients Vegetarian sausage mix 1.4 /100g Baking ingredients Vesat flakes B12 3 /100g Baking ingredients Vesat flakes B12 3 /100g Baking ingredients Wilk powder 1.44 /100g Sugars Oark muscovado sugar 0.48 /100g Sugars Dark muscovado sugar 0.48 /100g Sugars Dark muscovado sugar 0.48 /100g Sugars Demerara sugar refined 0.35 /100g Sugars Demerara sugar organic 0.5 /100g Sugars Soft light brown sugar 0.38 /100g Sugars White self raising flour organic 0.15 /100g Flours White self raising flour organic 0.15 /100g Flours Wholewheat strong flour organic 0.15 /100g Flours Wholewheat strong flour organic 0.15 /100g Flours Wholewheat Self raising flour organic 0.17 /100g Flours Plours Rye light flour organic 1.8 /100g Plours Spelt white flour organic 1.9 /100g Flours Spelt white flour organic 1.0 /100g Spelt white flour 0.0 /100g Spelt Spelt white flour 0.0 /100g Spelt Spe				_
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Flours GF Gram flour 2.7 /1kg	Flours	GF Gram flour	2.7	/1kg

Cereals	Porridge oats organic	0.24	/100g
Cereals	Jumbo Oats	0.22	/100g
Cereals	Bran - organic	0.33	/100g
Cereals	Bran flakes - organic	0.75	/100g
Cereals	Cornflakes organic	0.65	/100g
Cereals	Muesli base organic	0.3	/100g
Cereals	Deluxe muesli	0.45	/100g
Cereals	Tropical muesli	0.5	/100g
Cereals	Puffed brown rice organic	1.2	/100g
Cereals	Oatmeal Fine organic	0.32	/100g
Cereals	Oatmeal Pinhead	0.34	/100g
Cereals	Oatmeal Medium	0.25	/100g
Grains	Millet organic	0.5	/100g
Grains	Polenta medium		/100g
Grains	Polenta fine		/100g
Grains	Semolina fine		/100g
Grains	Buckwheat organic		/100g
Grains	Couscous wholewheat - organic		/100g
Grains	Pearl barley		/100g
Grains	Bulgur Wheat - Organic		/100g
Grains	Quinoa - organic		/100g
OT GITTS	Quinou Organic	0.03	7 2008
Rice	Risotto rice	0.45	/100g
Rice	Basmati white rice		/100g /100g
Rice	Basmati brown rice		/100g /100g
Rice	Pudding rice		/100g /100g
Rice	Short Grain Brown Rice - Organic		/100g /100g
Rice	Sushi rice white		/100g /100g
Micc	Sustiffice write	0.32	/ 100g
Pastas	Fusilli Pasta	0.25	/100g
Pastas	Fusilli Wholewheat		/100g /100g
Pastas	Penne pasta		/100g /100g
	Penne wholewheat		/100g /100g
Pastas Pastas			/100g /100g
	Spaghetti		/100g /100g
Pastas	Orzo Pasta)
Pastas	Macaroni Elbows		/100g
Pastas	GF Small Shells	0.55	/100g
I I a ula a	Death come it		/10
Herbs	Basil - organic		/10g
Herbs	Bay leaves		/10g
Herbs	Curry leaves organic		/10g
Herbs	Chives		/10g
Herbs	Dill		/10g
Herbs	Herbes de Provance leaf		/10g
Herbs	Italian seasoning		/10g
Herbs	Marjoram leaf - organic		/10g
Herbs	Mint - pesticide free	0.46	/10g

Herbs	Mixed Herbs	0.5	/10g
Herbs	Oregano leaf organic	0.5	/10g
Herbs	Parsley organic		/10g
Herbs	Rosemary - organic	0.3	/10g
Herbs	Sage	0.37	/10g
Herbs	Tarragon leaves	1	/10g
Herbs	Thyme leaf - organic		/10g
Spices	All spice ground (pimento)	0.43	/10g
Spices	All spice whole (pimento)	0.43	/10g
Spices	Cajun seasoning	0.23	/10g
Spices	Caraway Seed - Organic	0.23	/10g
Spices	Cardamom green - ground	0.9	/10g
Spices	Cardamom pods - green	0.9	/10g
Spices	Cayenne pepper	0.24	/10g
Spices	Chilli flakes	0.3	/10g
Spices	Chilli ground	0.21	/10g
Spices	Chinese 5 spice	0.32	/10g
Spices	Cinnamon ground organic	0.4	/10g
Spices	Cinnamon Sticks	1	/10g
Spices	Cloves - ground		/10g
Spices	Cloves - Whole		/10g
Spices	Coriander - seeds organic	0.22	/10g
Spices	Coriander ground organic	0.4	/10g
Spices	Cumin ground		/10g
Spices	Cumin seed -	0.45	/10g
Spices	Curry powder medium	0.23	/10g
Spices	Fennel seeds	0.25	/10g
Spices	Fenugreek ground	0.42	/10g
Spices	Fenugreek seed	0.3	/10g
Spices	Garam masala	0.3	/10g
Spices	Garlic granules	0.4	/10g
Spices	Garlic salt	0.25	/10g
Spices	Ginger Ground - Organic	0.38	/10g
Spices	Harissa spice mix	0.38	/10g
Spices	Juniper berries	0.3	/10g
Spices	Mixed spice organic	0.31	/10g
Spices	Mustard seed brown organic	0.32	/10g
Spices	Mustard seed yellow	0.33	/10g
Spices	mustard yellow ground	0.33	/10g
Spices	Nigella seeds organic	0.25	/10g
Spices	Nutmeg ground	0.5	/10g
Spices	Nutmeg whole	0.6	/10g
Spices	Paprika organic	0.46	/10g
Spices	Paprika smoked organic	0.58	/10g
Spices	pepper black ground	0.26	/10g
Spices	pepper lemon ground	0.28	/10g
Spices	Peppercorns - black	0.21	/10g
Spices	Peppercorns - mix	0.5	/10g

Spices	peppercorns - white	0.39 /10g
Spices	Peppercorns - pink	0.9 /10g
Spices	Peppercorns - green	0.8 /10g
Spices	Pickiling spice	0.25 /10g
Spices	Ras el hanout	0.41 /10g
Spices	Star anise	0.62 /10g
Spices	Sumac	0.5 /10g
Spices	Turmeric Powder - Organic	0.35 /10g
Spices	Zaatar spice	0.4 /10g