

Handam - Refill Station price list (03.2022)

Prices as per 16.03.2022 - they may change due cost price changes. Please enquiry at the shop or message us to confirm.

beans & pulses		
Aduki beans organic	0.55	/ 100g
Black eyed beans	0.35	/ 100g
Black turtle beans	0.33	/ 100g
Brown lentils organic	0.37	/ 100g
Bulgur Wheat - Organic	0.31	/ 100g
Butter beans	0.34	/ 100g
Chickpeas	0.21	/ 100g
Dark Speckled Lentils	0.35	/ 100g
Green lentils laird	0.31	/ 100g
Green split peas	0.23	/ 100g
Haricot beans - organic	0.42	/ 100g
Moong Dall	0.40	/ 100g
Mung beans - organic	0.70	/ 100g
Pearl barley	0.12	/ 100g
Red kidney beans	0.35	/ 100g
Red lentils	0.23	/ 100g
Yellow split peas	0.18	/ 100g

Seeds		
Cacao nibs - organic	2.68	/ 100g
Chia seeds organic	0.80	/ 100g
Linseed brown	0.50	/ 100g
Linseed gold organic	0.55	/ 100g
Popcorn	0.29	/ 100g
Poppy seed - blue	1.00	/ 100g
Pumpkin seeds - organic	1.10	/ 100g
Sesame seeds - organic	0.96	/ 100g
Sunflower seeds -organic	0.48	/ 100g
Tapioca - Seed Pearl	0.60	/ 100g

nuts		
Almonds flaked	1.70	/ 100g
Almonds ground	1.45	/ 100g
Almonds whole	1.69	/ 100g
Brazils broken	1.50	/ 100g
Brazils whole	1.75	/ 100g
Cashew pieces	1.50	/ 100g
Hazels whole	1.50	/ 100g
Macadamia nuts	4.00	/ 100g
Mixed nuts	1.80	/ 100g
Peanuts roasted unsalted	0.70	/ 100g
Peanuts red skin	0.70	/ 100g
Pecan halves	2.00	/ 100g
Pine kernels	5.00	/ 100g
Pistachio - roasted and salted	2.50	/ 100g
Walnuts broken	1.60	/ 100g

baking and cooking		
Baking powder	0.45	/ 100g
Baking powder GF	0.75	/ 100g
Bicarbonate of Soda	0.40	/ 100g
Bouillon powder - vegetable organic	1.20	/ 100g
Citric Acid cristals	0.53	/ 100g
Cocoa powder - organic	1.50	/ 100g
Cream of tartar	1.90	/ 100g
Epsom salt	0.53	/ 100g
Instant dry yeast	1.40	/ 100g
Milk powder organic	1.44	/ 100g
Panko breadcrumbs	0.90	/ 100g
Pink himalayan salt coarse	0.70	/ 100g
Sea salt - fine additive free	0.20	/ 100g
Sea salt coarse	0.20	/ 100g
Textured Vegetable Protein - Plain Mince c	1.10	/ 100g
Vegetarian sausage mix	1.40	/ 100g
Xanthan Gum	2.00	/ 100g
Yeast flakes B12	2.44	/ 100g
baking strands	1.10	/ 100g
		/ 100g
Caster sugar refined	0.22	/ 100g
Dark muscovado sugar	0.47	/ 100g
Demerara sugar FT fair trade	0.34	/ 100g
Raw cane sugar organic	0.50	/ 100g
Soft light brown sugar	0.35	/ 100g
dried fruit		
Apricots unsulphured organic	1.45	/ 100g
Banana chips	0.65	/ 100g
Cherries - Red Glace Added E163 & SO2	0.76	/ 100g
Coconut - medium desiccated	0.60	/ 100g
Coconut toasted flakes	3.00	/ 100g
Cranberries - Added Sugar	1.35	/ 100g
Currants	1.00	/ 100g
Dates pitted organic	1.47	/ 100g
Figs organic	1.20	/ 100g
Ginger crystalized	1.10	/ 100g
Mango dried pieces - organic	2.00	/ 100g
Mixed peel added SO2	0.45	/ 100g
Pitted Prunes E202	1.15	/ 100g
Raisins	0.60	/ 100g
Sultanas organic	0.65	/ 100g
dried mushroom	6	/ 100g

Pasta		
Fusilli Pasta	0.25	/ 100g
Fusilli Wholewheat	0.29	/ 100g
Penne pasta	0.25	/ 100g
Penne wholewheat	0.29	/ 100g
Spaghetti	0.20	/ 100g
Orzo Pasta	0.25	/ 100g
White Macaroni Elbows/Small	0.22	/ 100g
Gluten Free Small Shells - 8Kg	0.55	/ 100g

Flours		
White strong flour organic	1.60	/ 1kg
White plain flour organic	1.50	/ 1kg
White self raising flour organic	1.50	/ 1kg
Wholewheat strong flour organic doves	1.60	/ 1kg
wholewheat fine flour organic doves	1.50	/ 1kg
Dark rye flour organic 1kg	1.90	/ 1kg
Light rye flour organic 1kg	2.00	/ 1kg
Spelt white flour 1kg	3.10	/ 1kg
Spelt wholewheat flour 1kg	2.85	/ 1kg
Cornflour	3.00	/ 1kg
Plain 00 flour 1kg	1.50	/ 1kg
Seeded white flour organic	2.85	/ 1kg
Coconut flour organic	7.40	/ 1kg
Granary flour	3.00	/ 1kg
Tapioca flour	3.00	/ 1kg
Gluten Free white self raising flour	2.25	/ 1kg
Gluten Free brown bread flour	2.40	/ 1kg
Gluten Free white plain flour	2.25	/ 1kg
Gluten Free white bread flour	2.25	/ 1kg
Gluten Free buckwheat flour	3.50	/ 1kg
Gluten Free rice flour 1kg	1.85	/ 1kg
Gluten free gram flour	2.60	/ 1kg
Cereals		
Porridge oats organic	0.20	/ 100g
Jumbo Oats	0.22	/ 100g
Bran - organic	0.30	/ 100g
Bran flakes - organic	0.68	/ 100g
Cornflakes organic	0.65	/ 100g
Deluxe muesli	0.35	/ 100g
Highland Bramble Crunch Muesli	0.65	/ 100g
Millet organic	0.50	/ 100g
Muesli base organic	0.20	/ 100g
Medium Oatmeal	0.25	/ 100g
Pinhead oatmeal - organic	0.34	/ 100g
Polenta medium	0.25	/ 100g
Puffed brown rice organic	1.20	/ 100g
Semolina fine	0.22	/ 100g
Tropical muesli	0.50	/ 100g
Exotic muesli	0.50	/ 100g
oat groats organic	0.35	/ 100g

Grains		
Basmati rice	0.40	/ 100g
Brown basmati rice organic	0.42	/ 100g
Buckwheat organic	0.47	/ 100g
Pudding rice	0.40	/ 100g
Quinoa - organic	0.69	/ 100g
Risotto rice	0.47	/ 100g
Short Grain Brown Rice - Organic	0.36	/ 100g
Sushi rice white	0.32	/ 100g
Wholewheat couscous - organic	0.37	/ 100g

snacks, sweets		
White chocolate alternative organic	2.20	/ 100g
Milk chocolate alternative- Organic	1.50	/ 100g
Raw chocolate vanoffee buttons	4.85	/ 100g
Raw vanoffee cashew	3.50	/ 100g
Raw Chocolate fava beans	2.20	/ 100g
Raw Chocolate cherries	2.40	/ 100g
Raw chocolate raisins	2.20	/ 100g
Raw chocolate hazels	3.40	/ 100g
Raw chocolate mixed spice almonds	3.50	/ 100g
Raw chocolate ginger	3.50	/ 100g
Milk choc mini egg	1.10	/ 100g
Bombay mix	0.51	/ 100g
Paprika noodle twists	0.46	/ 100g
Dark chocolate brazils	1.42	/ 100g
Milk chocolate raisins	1.00	/ 100g
Milk choc bananas	1.90	/ 100g
Milk chocolate brazils	1.42	/ 100g
Milk chocolate peanuts	0.90	/ 100g
Yoghurt Raisins	1.00	/ 100g
Yogurt almonds	1.25	/ 100g
Yogurt sunflower seeds	0.65	/ 100g
mashmallows	1.20	/ 100g

herbs (quite lightweight)		
Basil - organic	0.30	/ 10g
Bay leaves	0.70	/ 10g
Chives	1.50	/ 10g
Dill	0.90	/ 10g
Herbes de Provance leaf	0.41	/ 10g
Italian seasoning	0.40	/ 10g
Marjoram leaf - organic	0.55	/ 10g
Mint - pesticide free	0.43	/ 10g
Mixed Herbs	0.50	/ 10g
Oregano leaf organic	0.50	/ 10g
Parsley organic	0.43	/ 10g
Rosemary - organic	0.30	/ 10g
Sage	0.37	/ 10g
Tarragon leaves	1.00	/ 10g
Thyme leaf - organic	0.33	/ 10g
cleaning products		
Bio D Washing up liquid	0.22	/ 100g
Bio D fabric conditioner	0.22	/ 100g
Bio D laundry liquid	0.43	/ 100g
Bio D laundry liquid LAVENDER	0.50	/ 100g
Bio D toilet cleaner	0.43	/ 100g
Bio d hand wash geranium	0.50	/ 100g
Bio D hand wash lime and aloe vera	0.50	/ 100g
Bio D hand multi surface sanitiser	0.30	/ 100g
Bio D laundry bleach box	2.10	
Laundry sheets Simple Living (32)	10.50	
Multipurpose sheets Simple Living (30)	10.99	
Blue earth clean laundry stripes (24)	7.50	
Toilet rolls luxury (3ply)	0.80	
Toilet rolls eco plus (2ply)	0.65	
compostable caddy liner 10 l	2.60	
compostable caddy liner 5 l	2.00	
Ocean saver dissolvable pods	1.65	
TMR dishwasher tablets	0.20	
TMR Toilet bombs	0.40	
TMR washing powder 1kg	7.00	

spices		
All spice ground (pimento)	0.43	/ 10g
All spice whole (pimento)	0.43	/ 10g
Cajun seasoning	0.21	/ 10g
Caraway Seed - Organic	0.23	/ 10g
Cardamom green - ground	0.90	/ 10g
Cardamom pods - green	0.90	/ 10g
Cayenne pepper	0.24	/ 10g
Chilli flakes	0.30	/ 10g
Chilli ground	0.21	/ 10g
Chinese 5 spice	0.31	/ 10g
Cinnamon ground organic	0.40	/ 10g
Cinnamon Sticks	1.00	/ 10g
Cloves - ground	0.46	/ 10g
Cloves - Whole	0.52	/ 10g
Coriander - seeds organic	0.22	/ 10g
Coriander ground organic	0.40	/ 10g
Cumin ground	0.45	/ 10g
Cumin seed - organic	0.40	/ 10g
Curry leaves organic	0.60	/ 10g
Curry powder medium	0.23	/ 10g
Fennel seeds	0.25	/ 10g
Fenugreek ground	0.42	/ 10g
Fenugreek seed	0.30	/ 10g
Garam masala	0.19	/ 10g
Garlic granules	0.40	/ 10g
Garlic salt	0.25	/ 10g
Ginger Ground - Organic	0.38	/ 10g
Harissa spice mix	0.38	/ 10g
Juniper berries	0.30	/ 10g
Mixed spice organic	0.31	/ 10g
Mustard seed brown organic	0.32	/ 10g
Nigella seeds organic	0.25	/ 10g
Nutmeg ground	0.40	/ 10g
Nutmeg whole	0.60	/ 10g
Paprika organic	0.46	/ 10g
Paprika smoked organic	0.58	/ 10g
pepper black ground	0.26	/ 10g
Peppercorns - black	0.21	/ 10g
Peppercorns - mix	0.50	/ 10g
peppercorns - white	0.39	/ 10g
Pickiling spice	0.20	/ 10g
Ras el hanout	0.41	/ 10g
Star anise	0.62	/ 10g
Sumac	0.30	/ 10g
Turmeric Powder - Organic	0.35	/ 10g
Zaatar spice	0.40	/ 10g