

Our aim is to always have those products in stock, but we can't guarantee that they will be available at all times.

Beans and pulses
Aduki beans organic
Black eyed beans
Black turtle beans
Broth mix
Brown lentils - organic
Butter beans
Cannellini Beans
Chickpeas
Dark Speckled Lentils
Deluxe bean mix
Green lentils laird
Green split peas - organic
Haricot beans - organic
Red kidney beans
Red lentils
Yellow split peas
Seeds
Cacao nibs - organic
Chia seeds organic
Linseed brown
Linseed gold
Popcorn
Poppy seed
Pumpkin seeds - organic
Sesame seeds - organic
Sunflower seeds -organic
Omega seed mix organic
Hemp powder

Nuts
Almonds flaked
Almonds ground
Almonds whole
Brazil's broken
Cashew pieces
Hazels whole
Peanuts roasted unsalted
Pecan halves
Pistachio - roasted and salted
Walnuts broken
Dried fruit
Apricots unsulphured organic
Banana chips
Red Glace Cherries
Coconut desiccated medium
Coconut chips raw
Cranberries
Currants
Dates pitted organic
Dates Medjool jumbo
Figs organic
Goji berries
Ginger crystalized
Mango dried pieces - organic
Pitted Prunes E202
Raisins
Sultanas organic
mixed peel
Dried Orange Peel Pieces

Baking products
Baking powder
Bicarbonate of Soda
Bouillon powder - vegan
Citric Acid crystals
Cocoa powder - organic
Cream of tartar
Yeast dry instant
Panko breadcrumbs
Pink Himalayan salt coarse
Sea salt - fine additive free
Sea salt coarse
Sea salt flakes
TVP Textured Vegetable Protein
Vegetarian sausage mix
Xanthan Gum
Yeast flakes B12
Sugars
Granulated sugar
Caster sugar refined
Dark muscovado sugar
Demerara sugar FT fair trade
Soft light brown sugar

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Flours
White strong flour organic
White plain flour organic
White self-raising flour organic
Wholewheat strong flour organic
Wholewheat fine flour organic
Wholewheat Self raising flour organic
Rye Dark flour organic 1kg
Rye light flour organic 1kg
Spelt white flour 1kg
Spelt wholewheat flour 1kg
Cornflour
Potato starch
Plain 00 flour 1kg
Seeded white flour organic 1kg
GF White self-raising flour
GF Brown bread flour
GF White plain flour
GF White bread flour
GF Buckwheat flour
GF Rice flour
GF Gram flour
Pastas
Fusilli Pasta
Fusilli Wholewheat
Penne pasta
Penne wholewheat
Macaroni Elbows

Cereals and grains
Porridge oats organic
Jumbo Oats
Bran - organic
Bran flakes - organic
Cornflakes organic
Deluxe muesli
Oatmeal Fine organic
Oatmeal Pinhead
Muesli base organic
Oatmeal Medium
Millet organic
Polenta medium
Polenta fine
Semolina fine
Buckwheat organic
Couscous wholewheat - organic
Pearl barley
Bulgur Wheat - Organic
Quinoa - organic
Rices
Risotto rice
Basmati white rice
Basmati brown rice
Pudding rice
Short Grain Brown Rice - Organic
Sushi rice white
Long Grain Brown Rice

Sweets and snacks
Raw Choc vanoffee cashew organic
Raw Choc raisins organic
Raw Choc hazels organic
Raw Choc ginger organic
Raw Choc goji organic
Milk Chocolate Speckled Mini Eggs
Dark Chocolate Brazils
Milk Chocolate Brazils
Milk Chocolate Raisins
Milk choc Bananas
Milk Chocolate Peanuts
Yogurt Raisins
Yoghurt almonds
Marshmallow mini
Jelly beans
Cooking chocolate pieces
Vegan fizzy mix
Bombay mix
Paprika noodle twists
Rice Chilli crackers

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<b>Herbs dry</b>
Basil - organic
Bay leaves
Coriander Leaves
Curry leaves organic
Chives
Dill
Herbes de Provance leaf
Italian seasoning
Marjoram leaf - organic
Mint - pesticide free
Mixed Herbs
Oregano leaf organic
Parsley organic
Rosemary - organic
Sage
Tarragon leaves
Thyme leaf - organic
<b>Spices</b>
All spice ground (pimento)
All spice whole (pimento)
Cajun seasoning
Caraway Seed - Organic
Cardamom green - ground
Cardamom pods - green
Cayenne pepper
Celery salt
Chilli flakes
Chilli ground
Chinese 5 spice
Cinnamon ground organic
Cinnamon Sticks

Cloves - ground
Cloves - Whole
Coriander - seeds organic
Coriander ground organic
Cumin ground
Cumin seed -
Curry powder medium
Fennel seeds
Fenugreek ground
Fenugreek seed
Garam masala
Garlic powder
Garlic granules
Ginger Ground - Organic
Harissa spice mix
Juniper berries
Mixed spice organic
Mustard seed brown organic
Mustard seed yellow
mustard yellow ground
Nigella seeds organic
Nutmeg ground
Nutmeg whole
Orris Root Powder
onion powder
Paprika organic
Paprika smoked organic
pepper black ground
pepper lemon ground
Peppercorns - black
Peppercorns - mix
peppercorns - white
Peppercorns - pink
Peppercorns - green

Pickling spice
Ras el hanout
Star anise
Sumac
Turmeric Powder - Organic
Zaatar spice
Mulled Wine Spice